

Bar Menu

Perfect with a pint of Greene King IPA
or a Beavertown Gamma Ray

BAR SNACKS

Biltong 2.49 **Olives** (ve) 1.99
Spicy Biltong 2.49 **Pork Crackling** 2.49

BEER FOOD

Cumberland Scotch Egg Brown sauce 4.29
Veggie Scotch Egg Brown sauce (v) 4.29
Buffalo Chicken Tossed in hot sauce,
spring onion, celery, blue cheese dip 5.69 | 7.99
Chicken Wings Tossed in your choice of sauce:
Hot | East Coast IPA BBQ | Korean
5 for 5.69 | 10 for 7.99 | 20 for 11.99

Wing Wednesdays!

10 wings 5.49 20 wings 9.49

Available Wednesday, all day

Starters

Bread & Olives Beetroot balsamic,
Sussex rapeseed oil (ve) 3.99
Soup of the Day Ciabatta, mini loaf, butter (v) 4.59
Baked Camembert Heritage carrots,
cucumber, crisp sourdough (v) 4.99
Spicy Fried Halloumi Jerk gravy 5.79
Sweet Potato Wedges Sour cream & chive,
hot sauce, avocado dressing, red chilli,
spring onion, coriander (v) 5.69

Sandwiches

Chicken & Ayrshire Dry-cured Bacon Ciabatta
Plum tomato, mixed leaves 6.79
Philly Steak Ciabatta Cheddar, red onion 7.79
Grilled Cheese Toastie Crisp sourdough,
béchamel, caramelised red onion (v) 6.29
Grilled Cheese & Salt Beef Toastie
Crisp sourdough, béchamel, gherkin, mustard 6.79
Fish Finger Sandwich Tartare sauce, watercress 5.69

Baked Sweet Potatoes

Avocado Pico de gallo (ve) 6.79 Under 600 calories
Salt Beef Gherkin, mustard 6.79 Under 600 calories

**Sandwich or Baked Sweet Potato,
Side & a soft drink for 8.50**
Available Monday to Friday, 12 – 5pm

Upgrade your drink for £1 extra
Selected drinks, see deal drinks for details

Deal Drinks

Soft drinks: 16oz Coca-Cola Zero Sugar, Coca-Cola**, Diet Coke or Schweppes
lemonade, regular Americano or tea.

Upgrade your soft drink for £1: Pint of Carling, Foster's, Amstel, Greene King IPA,
Abbot Ale, Estrella Damm, San Miguel, Hop House 13, Peroni or Aspall. 175ml glass
of Three Pebble Bay Zinfandel Rosé or Cuvée Amelie Red or White. Peroni Libera, Old
Speckled Hen Low Alcohol, Ship Full of IPA Alcohol Free or Heineken 0.0. Beefeater &
tonic or Ketel One & mixer. **Soft Drink Sugar Tax means that Coca-Cola is subject
to an additional 15p charge which will be added to any meal deal drink price.

Trents

Enjoy a perfectly pulled pint and freshly prepared food all day every day



Sharers

Add Chicken Wings or Buffalo Chicken to any sharer for 3.29

Chicken & Halloumi Tray Buffalo chicken, fried halloumi,
sweet potato wedges, sour cream & chive, hot sauce, avocado
dressing, red chilli, spring onion, coriander 11.49

Meat & Cheese Tray Pulled salt beef, Old Epping sausages,
biltong, pork crackling, Cheddar, Camembert, olives, gherkin,
crisp sourdough, ciabatta, chutney 11.79

Meat Slider Tray Two cheese & bacon beef sliders,
two buttermilk chicken sliders, rosemary-salted fries 11.79

Veggie Tray Veggie Scotch egg, sweet potato wedges,
baked Camembert, olives, gherkin, crisp sourdough,
ciabatta, chutney (v) 11.79

Nachos Guacamole, Cheddar, pico de gallo, sour cream (v) 8.29

Burgers & Steaks

Our hand-pressed beef burgers are served with onion, baby gem, tomato & rosemary-salted fries

Prime Beef Burger with Salt Beef Smoked Cheddar, gherkin, mustard 12.29

Prime Beef & Egg Burger Ayrshire dry-cured bacon, smoked Cheddar, fried egg, beer-battered onion ring 12.99

Prime Beef, Cheese & Onion Burger Cheesy beer sauce, crispy onions 12.29

Buttermilk Fried Chicken Burger Ayrshire dry-cured bacon, guacamole, chilli mayo 11.79

Chickpea, Red Pepper & Hoisin Burger Poppy seed bun, spring onion, miso, red chilli, coriander (ve) 10.99 Available without the bun

8oz* Sirloin Beer-battered onion rings, cherry tomatoes, watercress, triple-cooked chips, peppercorn or Béarnaise sauce 14.99

Add a soft drink to any Burger for £1

Available Monday to Friday, 12 – 5pm

Upgrade your drink for £1 extra Selected drinks, see deal drinks for details

Classics

Fish & Chips Greene King IPA beer-battered cod, crushed peas, tartare sauce, triple-cooked chips 12.29

The Big Fish & Chips Greene King IPA beer-battered cod, scampi[†], crushed peas,
pickled onion, tartare sauce, bread & butter, triple-cooked chips 14.79

Steak & Ale Pie Abbot Ale gravy, beef dripping pastry, seasonal veg, mash or triple-cooked chips 12.29

Chicken & Woodland Mushroom Pie Seasonal veg, gravy, mash or triple-cooked chips 12.29

Slow-cooked Pork Belly East Coast IPA BBQ sauce, slaw, rosemary-salted fries 12.99

Chicken Caesar Salad Ayrshire dry-cured bacon, anchovies, cos lettuce, croutons 11.69 Under 650 calories

Pan-fried Hake Crushed new potatoes, summer greens, lemon & chive butter 13.29 Under 600 calories

Super Green Halloumi Salad Grains, cucumber, carrot, roasted red onion, avocado, minted lemon oil (v) 10.79 Vegan option available

Two Meals for 14.99

Available Monday – Saturday, all day

Prime Beef Burger Ayrshire dry-cured bacon, smoked Cheddar, smoked mayo, tomato relish 11.49

Hunter's Chicken Gammon, smoked Cheddar, East Coast IPA BBQ sauce, watercress, slaw, triple-cooked chips 10.99

Sausage & Mash Trio of Old Epping sausages, spring greens, caramelised onion gravy 10.29

Lasagne Triple-cooked chips or garlic bread, watercress 9.99

8oz* Grilled Gammon Steak Fried eggs or pineapple, peas, triple-cooked chips 9.99

Scampi[†] & Chips Peas, tartare sauce, triple-cooked chips 9.99

Mac & Cheese Crispy onions, spinach, crisp sourdough (v) 8.99 Add chicken for 1.50

Sides

Triple-cooked Chips (v) 2.99

Rosemary-salted Fries (v) 2.99

**Beer-battered
Onion Rings** 2.99
Slaw (v) 2.49

Garlic Ciabatta (v) 2.99
**Garlic Ciabatta
with Cheddar** (v) 3.69

Garden Salad (v) 2.69
Seasonal Veg (v) 2.49

Thirst Quenchers

SPARKLING

Prosecco DOC Italy
A classy and aromatic Prosecco with
elegant bubbles & hints of citrus 125ml 6.29 | 27.99

Lallier Champagne Brut France
Ripe, toasty fruit with an elegant finish 39.99

Lallier Champagne Rosé France
Fresh, spicy citrus with wild strawberry 41.99

GINS

Green's Lane juniper, hops
Hop cut gin created with our friends at Portobello Road

City of London Rhubarb & Rose rhubarb, rose
Beautifully delicate notes of rhubarb with a floral finish

Monkey 47 lavender, cranberry
Black Forest gin with floral aroma & peppery spices

Sipsmith Lemon Drizzle lemon, juniper
Inspired by the citrus gins of the early 1900's, it's the
perfect pairing to our Pan-fried Hake

Warner's Honeybee pink grapefruit, honey
28 botanicals infused with honey from Northamptonshire

Beefeater Blood Orange juniper, blood orange
Fresh citrus, juniper & angelica with a deliciously rich finish

Gin Flights £12

**Sample any three gins from the list above,
accompanied by tailored garnishes
& two Fever-Tree Tonic Waters**

More gins available, see drinks menu for details

Traditional Sunday Roast

11.69

Seasonal veg, roast potatoes,
Yorkshire pudding, mash & gravy

Only available on Sundays

Why not book a table?

Desserts

Treat yourself to an Espresso Martini!

Crumble of the Day
Cornish clotted cream ice cream (v) 5.29

Rum & Raisin Bread & Butter Pudding
Clotted cream & Drambuie sauce (v) 5.29

Arctic Sandwich
Frozen vanilla mousse, jam, sponge,
strawberry Prosecco compote (v) 5.29

Triple Chocolate Brownie
Mint chocolate ice cream, chocolate sauce (v) 5.29

We will donate 20p to Macmillan Cancer Support
for every brownie sold

Kir Royale Sorbet
Prosecco sorbet, crème de cassis (ve) 4.79